



FREE & OPEN TO THE PUBLIC



Spring FitNOLA Park Schedule March 2nd - May 31th, 2015 • No classes May 25th

ST. ROCH PARK (1800 St. Roch Ave.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM						Boot Camp
6:00 PM	Kickboxing	Hula Hooping				

TAYLOR PARK (2600 S. Roman St.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 PM	Boot Camp	Hula Hooping	Zumba	Kickboxing		

NORWOOD THOMPSON PARK (7200 Forshey St.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 PM			Hula Hooping	Yoga		

CONRAD PARK (3400 Hamilton St.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM						Boot Camp
6:00 PM	Hula Hooping			Zumba		

STALLINGS GENTILLY PARK (2700 Lapeyrouse St.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 AM						Boot Camp
6:00 PM		Zumba		Hula Hooping		

BEHRMAN RECREATION CENTER & PARK (2529 General Meyer Ave.)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 AM		Hula Hooping				
7:00 PM				Zumba		

Fit NOLA Parks programming is 100% FREE for everyone • Held in a safe environment • Equipment provided for classes
For more information and updates, visit www.fitnolaparks.org or call Molly Pucillo at (504) 914-3768.

Fit NOLA Parks free programs
made possible by:



NEW ORLEANS RECREATION
DEVELOPMENT FOUNDATION